# CARD Nature School Parent Handbook 2024-2025



www.chicorec.gov

#### **Enrollment Questions?**

Email Francesca at fshaffer@chicorec.gov



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# Meet our Program Manager, Ms. Ellen!



Hello, my name is Ms. Ellen, and I am so happy to be leading our Nature School program! I grew up in Chico exploring Bidwell Park and visiting the Nature Center. I love getting to share these special parts of our community with others. I graduated from Chico State in 2011 with a bachelor's degree in psychology. Over the last 16 years I have worked in a wide variety of both childcare and classroom settings, allowing me to collect a unique combination of teaching strategies. I have a wonderful daughter of my own and know just how important it is to have a patient, nurturing, and joyful approach to working with children. I am passionate about early childhood education, art, and nature and feel so lucky to run a program that incorporates all three! Preschool children are my absolute favorite

age to work with. It is incredibly rewarding to watch our Nature Kids explore the world around them and develop so many exciting new skills throughout the year! Nature School is an amazing program, and I am so grateful to be a part of it!

We are so excited to begin the new year here with you at Nature School! Nature School is such a sweet program where children get to learn about themselves, their friends, and the natural world around them through play-based learning! We spend most of the day outdoors and have a rich curriculum spanning from plant and animal identification skills, age-appropriate academics, healthy body movement and SO much more that we can't wait to share with you!









#### **Program Philosophy**

At Nature School, not only do we create a unique space for children to begin developing school-readiness skills, both academically and socially, we do it all with a strong focus on nature. We believe that spending much of the day outdoors creates more hands-on learning opportunities than any other type of classroom setting. Our classroom rules are (1) We take turns talking, (2) We are kind to our friends and (3) We stick to the group like a peanut butter jelly sandwich. Our child focused, play based learning style guarantees that children's needs will always come first, and provides flexibility for children to help guide their own learning. We foster kindness, creativity, and a deep love of nature in our students. We provide a positive and meaningful first-time learning experience in the hopes of beginning a lifelong love of learning and a true appreciation of nature.

#### **About the Program**

Our program provides fun and enriching new units every two weeks. During these units we incorporate themed:

- Age-appropriate academics: plant and animal identification, sign language, educational books and stories, letter sounds, name tracing, number and letter identification and tracing, counting, colors, shapes, introductory nature math, using scissors, rhyming, patterns, and opposites.
- **Social emotional growth:** expanding emotional vocabularies, sharing, personal space, first time listening, listening to others, respectfulness, helping hands, taking turns, meeting live animals, empathy, diversity, and inclusion.
- **Healthy body movement:** dancing, yoga, nature walks, climbing trees, playground play, and dipping our toes in the creek.
- **Comprehension:** making predictions and observations, compare and contrast, reading comprehension questions, games, following directions, and problem solving.
- **Creativity:** arts and crafts, music, imagination, sensory play, exploring nature, and building.

#### **Program Units**

A sneak peak of some of the fun themed units we will be providing throughout our rotating two yearlong curriculum include:

Nocturnal Animals, Trees, Birds, Music, Insects, Maps, Plants, Emotions, Lizards, Gratitude, Frogs, Animal Groups, Seasons, Bears, Outer Space, Snakes, Water, The Bidwell's, Pollinators, Underground, Flowers, Dragonflies, Friendship, Baby Animals, Forest Floor, Animal Care, Rocks, Rainbows and more!



# **Program Hours and Contact Info**

Visit our website at <a href="www.chicorec.gov/nature-school">www.chicorec.gov/nature-school</a> for parent resources including forms, calendars, payment information and the current parent handbook.

Nature School Program Manager: Ellen Flasch

Email: eflasch@chicorec.gov

Nature School Cell Phone: 530-519-8252

You can reach us on our cell phone during program hours. You may text or leave a voicemail during non-program hours.

Location: Chico Creek Nature Center- 1968 E. 8th Street, Chico, CA 95928

Ages: 3-5 years old

Days: Monday & Wednesday and/or Tuesday & Thursday

Hours: 9:00am-1:00pm

Dates: See below.

Months <b>M</b>	Dates	No Program Dates
August 2024	Aug 26-29	
September 2024	Sept 3-30	9/2
October 2024	Oct 1-31	
November 2024	Nov 4-21	11/11 & 25-28
December 2024	Dec 2-19	12/23-12/31
January 2025	Jan 7-30	1/1-6 & 1/20
February 2025	Feb 3-27	2/17
March 2025	Mar 3-31	3/17-20
April 2025	Apr 1-30	4/21
May 2025	May 1-29	5/26



# Payments and Fees

The Parent or Legal Guardian that has registered the child is solely responsible for payment of all fees and charges. Fees for the 2024/25 school year are listed below. Billing is on a month-to-month basis and monthly fees vary based on the number of program days. CARD does not pro-rate for days unattended. See the program calendar in this handbook.

#### **CARD's TAX ID # 94-1156263**

Nature School- Mon/Wed						
Yearly Fee	\$ 2,210					
(Monthly fee is calculated at \$34 per day)						
	Days	Fee				
Aug	2	\$	68			
Sep	8	\$	272			
Oct	9	\$	306			
Nov	5	\$	170			
Dec	6	\$	204			
Jan	6	\$	204			
Feb	7	\$	238			
Mar	7	\$	238			
Apr	8	\$	272			
May	7	\$	238			

Nature School- Tues/Thurs					
Yearly Fee \$ 2,448 (Monthly fee is calculated at \$34 per day)					
,	Days	Fee			
Aug	2	\$	68		
Sep	8	\$	272		
Oct	10	\$	340		
Nov	6	\$	204		
Dec	6	\$	204		
Jan	8	\$	272		
Feb	8	\$	272		
Mar	6	\$	204		
Apr	9	\$	306		
May	9	\$	306		



- Payment for the entire school year may be made at the time of registration. If choosing to sign up for the monthly payment plan, payments will be automatically processed 5 days prior to the last day of each month for care the following month. If payment is declined, the balance due will be shown on your online account as "Due Now" and must be paid no later than the last day of the month prior to care being provided.
- If payment has not been made by the last day of the month prior to care, a late fee
  of \$20 will be charged and your child may not attend until payment is made. Your
  spot will be forfeited if payment is not received by the 4th of the month.

#### **Late Pick-Up Fees**

Your child must be picked up no later than the program end time. A late pick-up fee of \$1.00 per minute is charged for the first 3 instances. The late fee increases to \$5.00 per minute starting on the 4th instance. If your child is picked up late 6 times, they will be removed from the program.

# **Behavior & Bathroom Expectations**

#### Questions to consider prior to registration:

Our goal is for your child to be successful at the program. If your answer is "NO" to one or more of these questions, your child may not be ready for this program.

- Can they meet the Behavior and Bathroom Expectations? (see below)
- Are they able to stay with the group and not run away when upset or overwhelmed? Our programs maintain set ratios and are not designed for oneon-one care.
- Are they able to go on long walks without being held? We go on nature walks every day.
- Is your child overwhelmed with loud noises? At times, the program can be loud.
- Is your child comfortable when you are not present?
- Does your child warm up to new situations where they do not know anyone?

#### **Behavior Expectations**

Below are the behavior expectations for all children. If behavior expectations are not being met, staff will use their best judgment when deciding what level of consequence is most appropriate for the circumstances.

- **Be Safe** (includes staying with the group, keeping hands and feet to themselves, following rules)
- **Be Respectful** (includes listening and following directions, using appropriate language, being kind to others, using equipment properly)
- **Be Responsible** (includes using the restroom independently/ minimal bathroom accidents, telling the truth)

CARD programs are committed to being safe and enjoyable places for all. Our programs maintain set ratios and are not designed for one-on-one care. Our program ratio is 1:8 with two staff for a max of 16 children per session. Staff may choose to suspend or expel a child from the program for reoccurring behavioral concerns or for extreme situations.

CARD will not tolerate participants compromising the safety of themselves or others, causing or threatening physical injury to another person, bringing weapons or illegal contraband to the program, or vandalizing the program equipment or space. Any of these actions or other actions deemed dangerous, illegal, or harmful will result in immediate expulsion from the program.

#### **Bathroom Expectations**

All children must be fully potty trained and able to use the restroom independently (no pull ups). Staff may verbally assist children with bathroom usage; however, your child must be able to independently do the following:

• communicate their need to use the bathroom.

- use the toilet without making a mess.
- wipe and pull up their pants.
- flush the toilet.
- get soap from the wall dispenser.
- turn on and off the water.
- pull a paper towel down.
- change their own underwear.

In the event of a bathroom accident, staff may contact parents or guardians to request immediate pick up or assistance with cleaning and clothing change. Reoccurring bathroom accidents may result in removal from the program. Please send your child with a change of clothes stored in a large zip lock bag labeled "clean", and a second large zip lock bag labeled "dirty". These items will be stored in their cubby baskets and replaced as necessary.

#### **Behavior Management**

We adhere to developmentally appropriate practices and guidelines which recognize that each child is unique, with distinct growth patterns, personalities, learning styles, and family backgrounds. While certain behaviors are common at specific ages or stages, we acknowledge that children acquire social skills at their own pace. With this in mind, we carefully observe each child and create individualized behavior plans when necessary.

Our approach emphasizes "positive discipline," which focuses on reinforcing positive behaviors rather than addressing negative ones. We may redirect children and discuss appropriate behavior with them. When needed, we speak in a firm yet caring tone. At times, it may be necessary to remove a child from the rest of the group. If a behavior continues, we will schedule an Action Plan meeting with the child's parents or guardians to develop an individual behavior management plan.

The following techniques are used according to age-appropriateness and the individual needs of each child:

- **Distraction and redirection:** Suggest appropriate behavior without using time-outs.
- A quiet, private talk: Showing respect for children's feelings, getting down on the child's level, looking at the child directly in the eye and giving him or her our undivided attention.
- **Praise:** Acknowledge and encourage positive behavior by catching and celebrating "good choices."
- **Indirect praise:** Commend nearby children who are exhibiting positive behavior to encourage others.

- **Modeling examples:** Demonstrate expected behaviors, such as using a calm whisper to encourage quiet voices.
- **Contingency statements (if/ then):** For example, "If you put away the blocks, then we can..."
- Positive redirection: Redirection is done in a positive manner. Teachers give a
  forewarning of behavior that needs to be corrected and follow through with
  redirection to another area in the classroom or yard. If inappropriate behavior
  continues, a teacher may shadow the child until they're ready to resume
  appropriate play. The teacher then explains why the redirection occurred and
  discusses making better choices.
- **Social guidance:** Staff guide children in learning and expressing socially appropriate behavior that is individual to that child.
- **Transition warnings:** Provide a 5-minute notice before moving from one activity to another.
- **Questioning vs. Telling:** Teachers may ask the child a question such as, "What kind of voice should we use inside?" or "How do we treat our classmates?"

#### Aggressive or Disruptive Behavior in Children

We are dedicated to ensuring a safe environment for your child. Our program fosters cooperation, respect for others, and non-aggressive problem-solving among children. However, behaviors such as biting, tantrums, defiance, sharing conflicts, or physical aggression may occasionally arise in young children. Despite our best efforts and close supervision, these behaviors can sometimes occur before an adult can intervene, even when a teacher is nearby.

Aggressive behavior includes, but is not limited to, actions such as biting, hitting, pushing, physical aggression, sharing conflicts, or provoking altercations. For older children, this may also involve verbal abuse or the use of inappropriate language.

Disruptive behavior includes, but it not limited to, situations where a child requires continuous one-on-one intervention from a teacher, shows disrespect toward adults, has frequent tantrums, consistently ignores or refuses to follow instructions, is often unkind to peers, or regularly disrupts the classroom environment.

#### **Disenrollment Policy**

CARD reserves the right to disenroll any child at any time if we determine that disenrollment is in the best interest of the child and/or the program. Our primary goal is to provide high-quality care and early education for all enrolled children, but in rare cases, disenrollment may be necessary. Reasons for involuntary disenrollment may include:

- **Difficulty Adapting:** Most children adjust to a new program within a reasonable period. If a child is unable to adapt despite efforts by both parents and staff to support their integration, disenrollment may be necessary so that parents can seek alternative care.
- **Reoccurring Bathroom Accidents:** Occasional potty accidents are expected at this age and will not result in immediate dismissal from the program. If continuous accidents occur, disenrollment may occur.
- Aggressive or Disruptive Behavior: If a child displays aggression, harm toward others, or consistently disruptive behavior, CARD will make every effort to guide them toward respectful and socially appropriate behavior. However, if these behaviors persist, disenrollment may occur to protect the well-being of other children.
- **Safety Concerns:** Given the setting and style of our program, safety is a top priority. During park visits, we navigate parking lots, share trails with pedestrians, dogs, and horses, and encounter potential hazards such as poison oak, the creek, and occasional cars or cyclists. This setting requires children to listen carefully and stay with the group, emphasizing the importance of staying close to an adult for their safety. If a child consistently needs to be held by the hand to remain with the group or requires staff to chase after them, disenrollment may be necessary to ensure the safety of all participants.
- **Non-Cooperation with Behavior Plans:** Failure by parents or guardians to support and cooperate with an individual behavior management plan may result in disenrollment.
- **Inappropriate Parent Behavior:** CARD reserves the right to disensol a child if a parent exhibits behavior that is disruptive, abusive, malicious, or harmful toward staff, their child(ren), or other children and families.
- **Non-Payment of Tuition or Fees:** Continued failure to pay tuition or family fees may lead to disenrollment.
- Irreconcilable Differences: Parents may have specific expectations for their child's care and education. If CARD cannot meet these expectations, we reserve the right to disenroll the child, allowing the family to find a program that better suits their needs.

We are committed to partnering with you to help your child learn to participate, cooperate, and become a responsible member of the group. If a child's behavior poses a risk to themselves or others or disrupts the classroom environment, our policy includes, but is not limited to, the following steps:

• **Firm but Caring Guidance:** When needed, we address the child using a firm yet compassionate tone. In some cases, it may be necessary to remove the child from the group temporarily.

- Office Intervention: If a child is sent to the office due to their behavior and cannot safely return to the group—either for the protection of others, their own wellbeing, or the program's functionality—the child must be picked up within one hour of notification.
- **Temporary Suspension:** We may request that you keep your child home for a period ranging from one day to one week, depending on the situation.
- **Behavior Documentation:** Staff will maintain a record of the child's behavior.
- **Parent Communication:** We will inform you about any persistent disruptive behaviors and discuss individualized guidance strategies to address them.
- **Action Plan Development:** If the behavior continues, the Program Manager, Coordinator, and/or Supervisor will meet with parents to explore potential solutions and develop a mutually agreed-upon behavior plan.

In cases where one child repeatedly harasses another—whether verbally or physically—we will inform the parents of both children involved. For confidentiality reasons, we do not disclose the names of other children in any written or verbal incident reports.

If we determine that a child's behavior poses a risk to others or requires more focused supervision than we can provide, we may require the child's immediate withdrawal until they can effectively manage the behavior.

Our goal is to help your child become a successful and responsible individual, and we are committed to working closely with you if any issues arise. However, if parents are unable to provide support or if, despite collaborative efforts, the behavior does not improve, we reserve the right to have you "take a break" and withdraw the child from the program.

#### What does taking a break mean?

Fall semester

- August- October: families can try again in the Spring.
- <u>November-December</u>: families will need to wait and try again the following school year.

Spring semester

- <u>January-March</u>: families can try again the following school year.
- <u>April-May</u>: families are welcome to add their name to the following school year waiting list but will need to wait to try again until spring.

### **General Information**

To access your CARD online account, visit <u>www.chicorec.gov</u> and click "Account Login." You will use the email address you provided during enrollment as your log in and your default password is *welcome1*.

#### Re-enrollment for 2025/26

To be eligible to re-enroll your child for the 2025/26 school year, your child must be enrolled in the program through the end of the 2024/25 school year. Re-enrollment information will be emailed at the beginning of April 2025. Each year this Parent Handbook is updated and available on the CARD website under Nature School.

#### **Attendance**

CARD does not have attendance requirements; your child may attend days/hours as needed. It is helpful for you to notify our staff if your child will be absent. **Unexplained absences will not be confirmed by CARD staff.** All children must be signed in each day. Only authorized pick-up people will be allowed to sign a child out.

#### **Authorized Pick-up People**

The Parent or Legal Guardian who enrolled the child is the only individual who can access the child's account information and may designate individuals who can add or remove people from the child's pick-up list. Anyone listed as an authorized pick-up person may sign out the child. **Photo ID** <u>will</u> be checked! For your child's safety, these rules are strictly enforced, and no exceptions will be made.

To add individuals to the authorized pick-up list for your child, you can

- add people in person to your child's account at the program site.
- provide a written note with your signature to the program. If you are unable to give this note to staff in person, you may write a note and text a picture of it to the site cell phone. CARD does not allow phone-ins as an authorized release of a child.

#### Snacks/Lunch

Food is not provided by CARD. Please send your child with a large healthy lunch for lunchtime, plenty of small healthy snacks for snack time, and a full water bottle daily. Please be mindful of choking hazards when packing lunches and keep candy at home. Food and water should be in containers the child is able to open independently-no glass please!

#### **Personal Belongings**

Children should not bring valuables to the program. Please label your child's belongings such as water bottles, jackets, and backpacks. CARD is not responsible for lost or stolen

items. Please send your child with a change of clothes stored in a large zip lock bag labeled "clean", and a second large zip lock bag labeled "dirty" for the occasional potty accident or wardrobe change. These items will be stored in their cubby baskets and replaced as necessary.

#### **Program Attire**

Be prepared for the weather each day! Layers are always strongly recommended. In the spring, please send children wearing hats, pre-applied sunscreen and bug spray, waterproof closed toe sandals with a heal strap for playing in the creek, and a change of clothes. In the winter, please send children wearing warm coats, rain jackets (we will still go for our daily nature walks rain or shine), mittens they can put on independently, and warm shoes with a good grip for climbing trees.

#### **Health Policies**

CARD does not store or dispense medication. While children may bring their own sunscreen and bug spray to the program, CARD staff are <u>not</u> permitted to apply on children. Please drop off your children with sunscreen and bug spray already applied. If your child becomes ill at the program, you will be notified and must arrange to have your child picked up immediately. Once your child has been fever-free for 24 hours, they are welcome to return to the program. Please notify staff if your child has been exposed to any contagious disease or condition such as COVID-19, chicken pox, lice, pink eye, mumps, measles, etc., so we can notify other parents immediately.

- Do not send your child to the program if they are not feeling well, have excessive coughing, have an excessive runny nose or have a temperature over 100.4°. Children must be fever free for 24 hours before returning.
- If a child indicates they do not feel well, you will be called for immediate pick up.
- If a child has COVID symptoms, they may not attend the program. Please follow guidelines set by local health officials.

#### **Accommodation and Inclusion**

We are happy to work with those who have special needs to ensure equal access to our recreation programs. Please refer to the Accommodations Policy and Request Form found HERE. Please note that participants in need of reasonable accommodation must register for an activity or program and submit a completed Accommodation Request Form no later than four weeks prior to the start date of the activity or program.

#### **Code of Conduct**

To ensure the safety of all children and staff in our programs, individuals are responsible for adhering to the program rules and policies whenever at the program. This includes use of appropriate language, a civil tone of voice, calm demeanor, respecting personal space, and maintaining professional boundaries. Any person who does not meet conduct

expectations will be asked to leave the premises immediately and the participant may be removed from the program.

#### **Photo/Video Release**

CARD reserves the right to photograph and video record activities and program participants for potential promotional purposes.



# Frequently Asked Questions

- Birthdays: You are welcome to bring a store-bought, nut-free treat for the class on your child's birthday, if you would like. Staff will distribute this at lunchtime.
- Halloween: Children are welcome to wear a costume to school for Halloween if there's no blood, weapons, or easily lost props.
- We have three events each year where families are invited to stay and play during Nature School: Our beginning of the year meet the teacher, end of the semester pizza party and end of the year pizza party. Our pizza parties include cheese and pepperoni pizza, juice, and salad. You are welcome to contribute a store-bought, nut-free item to the pizza parties, if you would like.
- A late drop off and/or early pick up is allowed. Please let us know in advance if you can and call the site phone when you arrive. We recommend allowing an extra ten minutes for appointments in case we are out and about in the park when you arrive.
- Families trickle in between 9:00 and 9:30AM during free play. If your child finds drop offs to be difficult, you are welcome to come at 9:30AM when the structured portion of our day begins. We have noticed this helps some children focus on something other than feeling sad or nervous and have a smoother transition.
- We recommend quick confident drop offs if your child finds them difficult. If a child remains upset and is unable to transition to the program, we will call parents for an early pick up. We want Nature School to be a fun experience, not a forced one.
- If you choose to step away from the program and return later, a spot is not guaranteed.
   You will need to add your name to the waitlist and will be called in the order received as spots open.
- Email is our primary form of communication. Ms. Ellen sends email updates every two
  weeks to recap what they have learned and introduce the next unit.

# **Program Flow**

**9:00 AM** Free Play with Stations (30 minutes)

**9:30 AM** Clean-up Song (5 minutes)

**9:35 AM** Morning Circle (30 minutes)

Schedule, rules, name song, short lesson & stories

Potty & Water Reminders

**10:10 AM** Yoga & Dancing (10 minutes)

**10:20 AM** Art & Wash Hands (20 minutes)

**10:40 AM** Snack & Playground (15 minutes)

Potty & Water Reminders

**10:55 AM** Nature Walk with Nature Identification & Free Play (30-50 minutes)

11:30 AM \*Mon. & Thurs. Only\* Animal Visits with Teacher Kurt

**12:00 PM** Wash Hands (10 minutes)

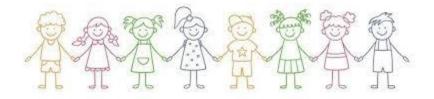
**12:10 PM** Lunch & Playground (30 minutes)

*Potty & Water Reminders* 

**12:30 PM** Optional: Sensory Play/ Group Exercise Game/ Outside Toys (15 minutes)

**12:45 PM** Closing Circle (15 minutes)

Review what we learned today and read stories until parents arrive.





#### Nature School Program Calendar August 2024 - May 2025

#### August 2024

W T S 19 20 21 22 28 29 30 31

#### September 2024

S 23 24 25 (26) 27 28 

#### October 2024

S S W 22 23 24 25 26 28 29 30 31

#### November 2024

S S Т W (26) 27 28 29 

#### December 2024

S M Т S 25 26 30 31

#### January 2025

S W T S 22 23 26 (27) 29 30 31 

#### February 2025

S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24) 25 26 27 28

#### March 2025

Т Т S 16 17 (27)25 26 

#### April 2025

S M S 10 11 15 16 17 23 24 25 (26) 29 30

#### May 2025

S Т S 22 23 

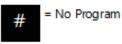
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= Family Pizza Parties, 12-1PM

# 8:00AM: Priority registration for currently enrolled participants and 2025/26 school year waiting list opens

# = 2025/26 waiting list enrollment begins

= First and Last Day of Program



= Payment Plan payments will be processed

\* To re-enroll your child for the 2025/26 school year, payment for August 2025 is due by May 25, 2025.